



Understanding Learning Disability

Our Understanding Learning Disability course provides a comprehensive examination of learning difficulties, covering various cognitive and developmental challenges that impact individuals' educational experiences. Under the supervision of our experienced training team, participants will explore the characteristics, causes, and implications of learning difficulties such as dyslexia, dyscalculia, ADHD, and autism spectrum disorders.

Topics include assessment methods, evidence-based interventions, and creating inclusive environments. By the course's end, participants will be equipped with the knowledge and skills necessary to support individuals with learning difficulties effectively and advocate for inclusive practices.

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Learning Outcomes

- To understand the historical context of learning disability services and public attitudes
- To have a clear understanding of the term 'learning disability'
- To understand the possible causes of learning disability
- To recognise the increased prevalence of mental health problems in people with learning disabilities
- To understand the link between Downs Syndrome and Dementia
- To understand the process of empowerment
- To explore some of the key characteristics of learning disability and how these may impact on everyday life for the individual

Course Content

Module 1: Learning Disability versus Learning Difficulty:

- Understanding the distinction between learning disabilities and difficulties and emphasising the diverse nature of cognitive challenges.

Module 2: What causes Learning Disability:

- Understanding the multifaceted factors that can contribute to learning disabilities. Participants explore genetic predispositions, prenatal influences, environmental factors, and neurological abnormalities. Understanding these causes enhances participants' ability to recognize risk factors, advocate for early interventions, and implement targeted support strategies for individuals with learning disabilities.

Course Content

Module 3: Learning Disability and Mental Health:

- This module explores the intersection of learning disabilities and mental health, shedding light on the prevalence, challenges, and implications of co-occurring conditions. Participants examine strategies for recognising signs of mental health issues in individuals with learning disabilities and learn to implement holistic support approaches that address both mental health and cognitive needs effectively.

Module 4: Understanding Behaviour:

- How to observe and analyse behaviour to gain understanding; how to use a Positive Behaviour Support framework (PBS); setting up a crisis intervention plan.

Module 5: Downs Syndrome and Dementia:

- This module delves into the unique relationship between Down syndrome and dementia and explores the increased risk and early onset of dementia in individuals with Down syndrome. Participants examine the clinical manifestations, challenges in diagnosis, and specialised care approaches to support individuals with Down syndrome affected by dementia effectively.

Module 6: Person Centred Working:

- Understanding the importance of having a person centred framework to recognise the individuality of each person's experience. This ensures that interventions and support strategies can be tailored and fosters empowerment, self-determination and meaningful participation in decision making.